



**FMM INSTITUTE**

(C10626805080/ 199901000527/ 475427-W)

Centre for Professional Development



# OCCUPATIONAL EMERGENCY FIRST AID, CARDIOPULMONARY RESUSCITATION (CPR) & AED PROGRAMME

This is a two days program which will impart to participants the basic knowledge as well as skills of rendering First Aid and CPR to enable them to deal with common injuries at the workplace and life-saving skills of CPR

## ADMINISTRATIVE DETAILS

Date	: <b>July 16-17,2026</b> (Thursday-Friday)
Time	: <b>2 Days (9:00 am - 5:00 pm)</b>
Venue	: <b>FMM Institute, Johor Branch</b> No. 1 & 3, Jalan Kencana Mas 1/1, Tebrau Business Park III, 81100 Johor Bahru, Johor
Fees	: <b>RM 1,215.00 (FMM Member)</b> <b>RM 1,350.00 (Non member)</b> The fee inclusive Service Tax at 8% (SST No: W10-1901-32000105)
Closing Date	: <b>July 2,2026 (Thursday)</b>
Training Provider	: <b>FMM Institute Johor</b> <b>MYCOID: 475427W_JOHOR</b>

## COURSE OUTLINE

**MODULE 1 : Introduction to First Aid**

**(Duration: 1 hour 30 Minutes)**

**MODULE 2: Wound and Bleeding**

**(Duration: 2 hours 15 Minutes)**

**MODULE 3: Shock (Duration: 1 hour)**

**MODULE 4: Musculoskeletal Injuries**

**(Duration: 2 hours 15 minutes)**

**MODULE 5: Head & Spine Injuries**

**(Duration: 2 hours 15 minutes)**

**MODULE 6: Burns Injuries (Duration: 1 hour)**

**MODULE 7: Cardiopulmonary Resuscitation -  
CPR (Duration : 2 hours 15 minutes)**

**MODULE 8: Patient Transport**

**(Duration: 1 hour)**

**MODULE 9: Assessment**

**(Duration: 30 minutes)**

All cancellations must be made in writing. There will be no charge for cancellation received 7 or more working days before the start of the programme. Cancellation received 5 working days before the start of the programme is subjected to a cancellation fee of 50% of the course fees. Cancellation received 3 working days and below before the start of the programme is subjected to cancellation fee of 100% of the course fees. If the participant fails to attend the programme, the full course fees are payable. However, replacement can be accepted at no additional cost.



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**JULY 16 - 17 ,2026 | VENUE: FMM INSTITUTE, JOHOR BRANCH**

FMM Institute (475427-W)  
**Puan Sabrina / Pn. Astri / Pn. Ain**  
Email : [sabrina@fmm.org.my](mailto:sabrina@fmm.org.my) / [astri@fmm.org.my](mailto:astri@fmm.org.my)  
/ [nur\\_ain@fmm.org.my](mailto:nur_ain@fmm.org.my)  
Tel: 07-357 7613 / 14 / 15 / 16 Fax: 07-357 7618

Please tick accordingly:

Fees:  FMM Member: RM 1,215.00/pax  
(inclusive of 8% Service Tax (SST No: W10-1901-32000105))

Non Member: RM 1,350.00/pax  
(inclusive of 8% Service Tax (SST No: W10-1901-32000105))

Dear Sir/Madam,  
Please register the following participant (s) for the above programme:  
(To be completed in BLOCK LETTERS)

1.Name:	IC No:	Nationality:
-----	-----	-----
Designation:	Email:	Mobile No.:
-----	-----	-----
2.Name:	IC No:	Nationality:
-----	-----	-----
Designation:	Email:	Mobile No.:
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*(if space is insufficient, please attach a separate list)*

### Disclaimer

Registration is on a first-come first-served basis. All cancellations must be made in writing. There will be no charge for cancellation received 7 or more working days before the start of the webinar. **Cancellation received 5 working days** before the start of the webinar is **subject to a cancellation fee of 50%** of the webinar fees. **Cancellation received 3 working days and below** before the start of the webinar is **subject to a cancellation fee of 100%** of the webinar fees. **If the participant fails to attend the programme, the full webinar fees are payable.** However, replacement can be accepted at no additional cost. The FMM Institute reserves the right to change the speaker, reschedule or cancel the webinar and all efforts will be taken to inform participants of the changes.

### We hereby confirmed that (please tick accordingly):

We will be claiming under **HRD CORP CLAIMABLE COURSES** and full payment would made to FMM Institute in the event that no disbursement from HRD Corp under any circumstances.

I (self-sponsor) / We will **NOT BE CLAIMING** under **HRD CORP CLAIMABLE**. Payment will be made to the account payee **FMM Institute** by cheque or bank transfer to **Maybank Account No. 501280056601**.  
**Tin No. : C10626805080**  
**BRO No. : 475427-W**  
**SST No. : W10-1901-32000105**

### Submitted by:

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Designation: \_\_\_\_\_ Tel No: \_\_\_\_\_ Moblie No: \_\_\_\_\_

Company: \_\_\_\_\_ Address: \_\_\_\_\_

Tin No. : (Company Tax Number) \_\_\_\_\_ Business Registration No. (New/Old) \_\_\_\_\_ SST No (If Applicable): \_\_\_\_\_

Company Stamp & Signature: \_\_\_\_\_ Date: \_\_\_\_\_